

The Counting of the Omer - to be counted on the evening of the date listed		Day	1	2	3	4	5	6	7	
		Attribute	Chesed	Gevurah	Tiferet	Natzach	Hod	Yesod	Malchut	
			Loving-kindness (Kindness)	Justice (Disciplined Justice)	Beauty (Harmony & Compassion)	Constancy (Endurance)	Splendor (Humility)	Foundation & Connection (Bonding)	Sovereignty (Leadership)	
Week	Attribute	Fruit	Love & Goodness	Temperance	Peace & Joy	Patience (Longsuffering)	Meekness	Faith	Gentleness	
1	Chesed	Loving-kindness (Kindness)	Love & Goodness	1	2	3	4	5	6	7
				04/03/10	04/04/10	04/05/10	04/06/10	04/07/10	04/08/10	04/09/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
2	Gevurah	Justice (Disciplined Justice)	Temperance	8	9	10	11	12	13	14
				04/10/10	04/11/10	04/12/10	04/13/10	04/14/10	04/15/10	04/16/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
3	Tiferet	Beauty (Harmony & Compassion)	Peace & Joy	15	16	17	18	19	20	21
				04/17/10	04/18/10	04/19/10	04/20/10	04/21/10	04/22/10	04/23/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
4	Natzach	Constancy (Endurance)	Patience (Longsuffering)	22	23	24	25	26	27	28
				04/24/10	04/25/10	04/26/10	04/27/10	04/28/10	04/29/10	04/30/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
5	Hod	Splendor (Humility)	Meekness	29	30	31	32	33	34	35
				05/01/10	05/02/10	05/03/10	05/04/10	05/05/10	05/06/10	05/07/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
6	Yesod	Foundation & Connection (Bonding)	Faith	36	37	38	39	40	41	42
				05/08/10	05/09/10	05/10/10	05/11/10	05/12/10	05/13/10	05/14/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
7	Malchut	Sovereignty (Leadership)	Gentleness	43	44	45	46	47	48	49
				05/15/10	05/16/10	05/17/10	05/18/10	05/19/10	05/20/10	05/21/10
				Sat/Sun	Sun/Mon	Mon/Tues	Tues/Weds	Weds/Thurs	Thurs/Fri	Fri/Sat
Match up the attribute for the week (left hand side) with the attribute for the day (top) for each day's meditation.										
Assembled by Messianic Pastor Charles T. Martin 2010										